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*“Resiliency — From  
Personal and  
Organizational, to our  
Communities in Oregon,  
How we can Spring Back  
in the Face of  
Disruptive Forces”*



Two-Track Virtual Sessions Monday — Thursday, May 17—20

Thank You Sponsors!



Oregon Alliance  
Safe Kids, Strong Families, Healthy Communities  
15 82nd Drive Suite 20 Gladstone, OR 97027  
503-399-9076 ◆ [www.oregonalliance.org](http://www.oregonalliance.org)



## Schedule At-A-Glance

### All Events Held Virtually

### Monday, May 17

**9:00 AM— 10:15 AM** Keynote: The Bright Future of Community-Based Orgs, Susan Dreyfus

**10: 30 AM—11:30 AM** Alliance Members' Roundtable with Susan Dreyfus

**3:30 PM—5 PM** Learning: The Voluntary Services Model, Ashley Anstett & Amanda Swanson

### Tuesday, May 18

**9:00 AM— 10:30 AM** Keynote: Members of Oregon's Legislative Black, Indigenous & People of Color Caucus

**3:30 PM—5 PM** Learning: Resiliency in the Workplace, Danielle Grondin **(CEU's Available)**

### Wednesday, May 19

**9:00 AM— 10:15 AM** Keynote: 10 Essential Tools for Resilience, Dr. Amelia Franck Meyer

**3:30 PM—5 PM** Learning: Generational Healing, Shilo George **(CEU's Available)**

### Thursday, May 20

**3:30 PM—5 PM** Learning: Supervisors and Hard Conversations, Beth Miller **(CEU's Available)**

**5:30 PM—6:30 PM** President's Virtual Reception

### Friday, May 21

**10 AM—Noon** Alliance Post-Summit All Member Board Meeting

# Oregon Alliance Annual Summit ♦ May 17—20, 2021



*“Resiliency — From Personal and Organizational, to our Communities in Oregon, How we can Spring Back in the Face of Disruptive Forces”*

**Monday Morning, May 17**

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**9:00 — 10:15 AM via Zoom**



## **Keynote: The Bright Future of Community-Based Orgs**

With over 30 years of cross sector experience and influence at the local, state and national levels, **Susan Dreyfus, former President and CEO of the Alliance for Strong Families and Communities**, will give us a lens into why she is the most hopeful she has been in her career. Susan will discuss the major trends and issues in our field and sector and the path forward for American community-based human services organizations as we strive to ensure all neighbors and communities we serve can thrive through our excellence, distinction and influence.

**Alliance Members’ Exclusive After Keynote:** Susan Dreyfus will engage with Alliance member leadership in a conversation following her keynote as we deeply consider the strategy for our organizations, the state and our association for greatest impact and success with and through our missions and the neighbors and communities we serve.

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**Monday Afternoon, May 17**

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**3:30 — 5 PM via Zoom**

**Learning Session: The Voluntary Services Model** This session will address the use of the Voluntary Services Model when working with youth who have been trafficked. This model focuses on empowerment, self advocacy, and relationship, rather than compliance-driven services. We will highlight the need to build relationships with survivors as allies and partners rather than providers. Participants will receive tangible tools to help your services be truly trauma-informed and person-centered.

**Presented by: Ashley Anstett & Amanda Swanson, Oregon Attorney General's Sexual Assault Task Force**

**Amanda Swanson** has 13 years of experience working with and for victims of human trafficking. She currently chairs the Attorney General’s Trafficking Intervention Advisory Committee working with stakeholders around the state of Oregon on addressing the state’s response for victims of trafficking.

**Ashley Anstett** began working with survivors of sexual violence in 2015 with The Sexual Assault Resource Center (SARC) primarily with survivors of domestic human trafficking. While at SARC, she was able to serve as a confidential advocate to youth and young adults, and helped them to navigate systems to access resources.

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**9:00 — 10:30 AM via Zoom**



## **Keynote: Members of Oregon’s Legislative Black, Indigenous, & People of Color Caucus**

Members of the Oregon’s Legislative Black, Indigenous, and People of Color Caucus, “envisions an Oregon that is diverse, dynamic, just and equitable; where everyone has an equal opportunity to thrive; where our communities are self-sufficient and have full agency to meet our needs and afford the basics and more; where oppression and racial disparities are non-existent; and where everyone lives full lives.”

Members of the caucus will discuss their 2021 Legislative priorities, the progress they are making during this session, and have a roundtable discussion with attendees.

**Facilitated by:** **Pari Mazhar**, Senior Director of Equity, Diversity and Inclusion, - Cascadia Behavioral Healthcare and **Craig Opperman**, President and Chief Executive Officer - Looking Glass Community Services.

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**3:30 — 5:00 PM via Zoom**

## **Learning Session — Resiliency in the Workplace**

Learn about the neuroscience of trauma and toxic stress, while discovering tangible ways to enhance resiliency and deepen relationships with yourself and others. This session is designed to be participatory with opportunities for dialogue and applied learning.

***Presented by: Danielle Grondin***

As a trainer and consultant, Danielle Grondin specializes in the application of Intentional Peer Support and Trauma Informed Care. Her undergraduate schooling focused on Sociology and Civic Leadership, while her lived experience illuminated the strengths and shortcomings of our current systems of care. She is currently in an Executive Master of Public Administration program. Danielle has been in educator roles for over a decade and is passionate about social justice, intersectionality, sustainability, and holistic healing modalities.

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**Wednesday Morning, May 19**

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**9:00 — 10:30 AM via Zoom**

## **Keynote: 10 Essential Tools for Supporting Individual and Organizational Resilience**

This session will cover 10 research-based interventions to promote and strengthen individual and organizational resilience and wellbeing. These actions are practical, achievable, everyday tools that participants can start using right away. Although it's unlikely you'll apply all 10 tips immediately, you're sure to identify one or two realistic ways to integrate these ideas into your work and life, and even small changes can start the road to big shifts in your wellbeing. It's been a rough year for all of us and building resilience and wellbeing, for ourselves and our teams, is one of the most important things we can do right now. Come be inspired and walk away with a roadmap to building resilience and wellbeing!



**Alliance Members' Exclusive After Keynote:** Alliance members will be provided a brief presentation on some additional leader-specific nuggets of inspiration to help you to keep on keeping on—even when you feel like you can't do it one more day—followed by some discussion and Q & A. Come join a conversation on “getting real” about how to build the fortitude to do this important work in this challenging environment.

**Dr. Amelia Franck Meyer** is the founder and CEO of the national non-profit, Alia: innovations for people and systems impacted by childhood trauma. Amelia and Team Alia are leading a national movement to keep children safe with, not from, their families.

Alia works with child welfare leaders who are innovators and early adapters in jurisdictions around the country and the globe to create transformational change child welfare. The new way of work is referred to as an “UnSystem;” although we don't know what the new way will eventually be called, we know it's not this system.

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**Wednesday Afternoon, May 19**

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**3:30 — 5PM via Zoom**

## **Learning Session: Generational Healing and Building Strong Relationships by Centering the Needs and Strength of our Youth**

This 90 minute session will be discussion-based to how staff and managers can build healthy relationships with the children and youth they serve by putting into practice techniques and skills of trauma informed care. You will be leaving this session with new tools in your trauma informed care toolbox. To support the connection between racial justice and trauma informed practices, this session will also introduce the concept of Cultural Humility and it's three tenets to support staff in addressing and supporting the diverse cultural needs of the child and youth they are supporting.

**Shilo George, MS** (she/her) a Southern Cheyenne—Arapaho and Irish/Scottish international speaker and owner of Łush Kumtux Tumtum Consulting, which means *“a great awakening of the heart and spirit”* in the Chinuk Wawa trade language. Her consulting work covers both trauma informed practices and how those practices align with and support anti-racisit and anti-oppression work within organizations and communities. She is a community educator with more than twenty years of experience as a social worker with values rooted in Native cultural and spiritual practices. Shilo praises her communities as the sources of her inspiration, perseverance, and drive.

Shilo is committed to continued learning about the effects of trauma on children, adults, and communities of color and how organizations and government systems can and should be supporting the most marginalized and vulnerable in our communities.

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**Thursday Afternoon, May 20**

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**3:30 — 5:00 PM via Zoom**

## **Learning Session: Supervisors and Hard Conversations – Building Confidence and Understanding**

This 90-minute learning session will focus on supervisors and building healthy and productive relationships with their staff. We will discuss and practice techniques and skills to support both you and your staff; increasing skills, knowledge and confidence. You will leave this session with new tools in your supervisory toolbox including tips on how best to align with staff to meet organizational and program goals.

**Beth Miller** is a Licensed Clinical Social Worker with over two-decades professional experience working in the mental health and substance use field. Currently, Beth is a Clinical Director at Cascadia Behavioral Health Care, providing support and oversight to a variety of clinical programs. Beth is extremely well versed on how best to supervise and manage clinical staff working in a variety of settings including both residential and outpatient.

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